



March 3, 2010

Dear Parents:

The New York State Department of Health requires that we have parents' permission for each of our campers to participate in swimming on out-of-camp trips. Please return it to us as soon as possible. Your child(ren) will not be allowed to swim or boat with our tripping program, called "Trek", until we have received your permission.

You, as parents, have chosen Echo Lake because you know your children are safe with us and that all our programs are run with the highest standards of care. We comply with the regulations of the New York State Department of Health and the American Camp Association, the two bodies that govern the way we run Echo Lake.

A Trek leader certified in First Aid leads all of our Trek trips. In addition, whenever a Trek trip includes swimming or boating, a lifeguard certified staff member accompanies the trip. The swimming sites we use away from Echo Lake meet the Department of Health requirements and typically are locations that our Trek program has visited and used many times before.

Please feel free to call should you have any questions.

Regards,

Tony and Laurie

Off-site Swimming Permission

I have been informed by Camp Echo Lake that a) my child(ren) _____
may participate in swimming at sites that are not inspected by the permit-issuing official; b)
qualified camp staff will determine the suitability of the site at the time of each use, and c) the
location may be remote or inaccessible to allow for prompt transfer to an emergency medical
health care facility.

Parent/Guardian Signature _____ Date _____